

OPERATION CHILLOUT



MARCH 2009 NEWSLETTER

SOCK DRIVE IN FULL SWING

Throughout the months of March and April, OPERATION CHILLOUT Charter Partners and local teams will be collecting outdoor weight athletic sox for men and women for our early spring delivery. Call us at 908 832 9698 for a pickup.



Foot care problems for people who are homeless can be debilitating and are a major deterrent for getting or maintaining a job. On average, a homeless person stands in lines for 4 hours a day and can walk up to 35 miles a day usually on cement! If they are able to

stay in a center with no beds available they often sleep standing upright, adding to painful foot swelling.

Foot health problems often include chronic bacterial and fungal infections, "immersion foot" a condition like "Trench Foot" caused from being in wet socks & shoes too long. Other serious conditions include severe calluses, blisters, and ingrown nails from poor (if any) socks and ill fitting shoes. Then of course in the winter there is the excruciatingly painful problem of frostbite. It is not a wonder any of these people cannot think of anything other than their extremely painful feet. Foot care is critical for

overall optimal health. It is especially important for those on their feet all day. Clean sox help. Please join with us in collecting sox for our homeless friends. Thank you for your generosity! *pax + Ray*

Guardian Angel Award to PNC



Special thanks to **Almira Halilovic**, Vice President Branch Manager of the PNC Bank at the Naughtright Road location in Hackettstown, NJ, for the generous gift of 100 shoulder bags in the fall and another 100 bags for our early spring deliveries. **Almira** and her team receives a special OPERATION CHILLOUT "Guardian Angel Award" for their support of our work in serving homeless individuals and families.